

ABSTRACT

The effect of different levels of grandparent involvement on the psychological well-being was investigated in this cross-sectional study. Participants included 173 Hong Kong Chinese elderly, in which 35 were non-grandparent, 92 were grandparents not living with grandchildren, 23 were grandparents living with grandchildren and 23 were grandparents raising grandchildren. This study showed that there was negative correlation between grandparent involvement and happiness, but not morale or loneliness. Moreover, grandparent involvement was positively associated with negative exchanges with grandchildren, but not instrumental or emotional support from social partners. Self construal, i.e.– interdependence and independence, did not moderate the relationship between grandparent involvement and psychological well-being.